

## Carroll Respite Program – What You Need to Know

- Homelessness, addiction and untreated medical conditions are growing concerns in Carroll County.
  - The **Carroll Respite program** offers a **structured, secure solution** to help medically vulnerable individuals recover and get back on their feet.
  - Carroll Respite is an **initiative by Access Carroll in partnership with LifeBridge Health.**
  - **A \$5 million grant from Sinai Hospital** will fund this initiative, which will **serve both Sinai patients and Carroll County residents.** Without this partnership, these vital programs would not be available to local residents.
  - This program aims to reduce strain on **law enforcement, hospitals and emergency services**, helping to keep our community safer.
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## What Carroll Respite Provides

✓ **Medical Respite** – Supervised medical care for individuals **too sick for a shelter** but not requiring hospitalization. This serves as a bridge in their care journey, typically lasting several weeks.

- Example: A **man recovering from a foot amputation** who needs wound care before he can safely return to a shelter.

✓ **Sober Respite** – A safe space **for Carroll County residents** struggling with addiction, providing support instead of jail time or hospitalization. The sober respite program is exclusively for Carroll County residents.

- Helps **reduce police involvement** and **keeps ERs open for real emergencies.**

✓ **Food Pharmacy** – Healthy, local food and **nutrition education** to support **long-term wellness.**

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## Clearing Up Misconceptions

**Myth:** Sinai Hospital patients will be left in Carroll County.

✓ **Fact:** Patients from Sinai **return to their home communities** when they are medically ready.

- The **current pilot program has helped five patients return home**, with four more working on their discharge plans.

🚫 **Myth:** People will be able to walk away from the program and onto the streets of Westminster.

✓ **Fact:** All patients have **intensive care management** with dedicated resources to ensure they have a **plan to return to their home community** and other support services. The facility will have **24/7 security** to prevent unauthorized departures and ensure safety. No one will be "dumped" into the community.

🚫 **Myth:** This program does not benefit Carroll County.

✓ **Fact:** **Carroll County residents WILL have access** to medical and sober respite, helping local people in need. In fact, the sober respite is solely to support Carroll County residents.

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## Why Carroll County?

🌟 **Selected for Expertise & Compassion** – Access Carroll has been **successfully serving vulnerable populations for 20 years**.

💙 **A Community That Cares** – Carroll County has always helped those in need, rather than pushing them away.

💰 **A \$5 Million Investment** – A **grant from Sinai Hospital** will fund services that also **benefit Carroll County residents**. Nearly \$4 million will cover construction of the facility in the Distillery Building. The remainder of the funds cover operating costs and services. **Without this partnership, these vital programs would not be possible for local residents.**

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## How Carroll Respite Helps Our Community

- ◆ Keeps **vulnerable individuals off the streets** and in a **controlled, secure environment**.
- ◆ **Reduces strain on law enforcement and hospitals**, freeing up **emergency services** for true emergencies.
- ◆ Provides **structured care management**, ensuring that **patients have a plan** before they leave.
- ◆ **Creates a safer, healthier Carroll County** for everyone.

💬 **We appreciate your support in sharing accurate information and helping clear up any confusion.** Carroll Respite is a **responsible, organized solution** to the very challenges our community is facing.

💬 **We remain committed to working alongside our community partners** to address homelessness responsibly, offering respite care as an organized and effective approach to **reducing the challenges facing our communities**, ensuring a safer, healthier future for all.